



On the Mend

RESTORE IN NATURE

FLY-FISHING WELLNESS RETREATS

*for Children Recovering from Illness, Medical Treatment
or Extraordinary Life Challenge*

ONTHEMEND-FLYFISH.ORG



OUR MISSION

On The Mend, Inc. (“OTM”) is dedicated to providing children recovering from illness, medical treatment or extraordinary life challenges with the opportunity to **experience the therapeutic power of nature**. We are a registered 501(c)(3) tax-exempt, charitable, non-profit organization that is 100% volunteer based and donor-supported.

WILDERNESS / WELLNESS RETREATS

To fulfill our Mission, OTM hosts Wilderness/Wellness Retreats at various resort lodges in upstate Michigan. The Retreats provide a **relaxed and positive environment** in which the Participants (and a parent/guardian) are introduced to the fundamentals of various outdoor activities, with an emphasis on fly fishing. The Retreats also include an informal educational component intended to **cultivate a commitment to environmental protection and stewardship**.

The Retreats are designed to provide the Participants with a **healthy distraction from the illnesses, medical procedures and/or challenges they have battled**, instill an appreciation of nature, and inspire the pursuit of an active and healthy outdoor lifestyle.



PARTICIPANTS, PARENTS/ GUARDIANS AND THE OTM TEAM

Retreats are for children up to the age of 17. Each Youth Participant must be accompanied by his/her Parent or Guardian. Retreat include four to five pairs of Youth Participants and Parents/Guardians that will be selected by OTM from the pool of applications received. The OTM Team at the Retreat will be comprised of nine Volunteers, including four to five accomplished fishing guides, and one licensed therapist.



WHERE

OTM Retreats are held on the storied Pere Marquette River, which is one of Michigan's historic, blue-ribbon trout streams. **Home Base for the Retreat will be the gorgeous [Barothy Lodge in Wahalla, Michigan](#).** The Lodge includes a full kitchen, pool table and hot tub. Each Participant and accompanying Parent/Guardian will share their own bedroom. Barothy Lodge also offers a pool, tennis courts, fire pit, climbing wall, basketball court and numerous hiking trails. Please let us know if you need assistance with transportation to and/or from the Retreat.

WHEN

Official check-in for the Retreat is between 10:00 and 11:00 a.m., Saturday, June 8, 2024, and wraps up with a fun Graduation event after lunch on Monday, June 11.

Although we encourage Youth Participants to remain at the Retreat and participate in the Graduation on Monday, OTM will work to accommodate those that have to leave after the activities on Sunday.

FREE All costs and expenses associated with the Retreat, including lodging accommodations, all meals, snacks, a Michigan fishing license, use of all fishing gear, a \$75 gas voucher, and a whole lot of fun are provided ENTIRELY FREE to all Youth Participants and their respective Parents/Guardians.

NO EXPERIENCE REQUIRED Be assured that no fishing experience is required! All you need to have is a desire to venture into the wilderness, soak up the visual splendor of the majestic Manistee National Forest, breath in that glorious pine scented air of up-north Michigan's majestic back-country, and experience the therapeutic power of stepping into a picturesque trout stream.

ITINERARY

DAY 1 – SATURDAY, JUNE 8, 2024

- 10:00 – 11:00 a.m. Check-In & Room Assignments
Issue Equipment / Gear-up:
Waders, Boots, & Shirts
- 11:00 – 11:30 a.m. Welcome and Overview of Program
- 11:30 – 12:30 p.m. Lunch
- 12:30 – 2:00 p.m. Fly Casting, Equipment, Knots & More
- 2:00 – 3:00 p.m. Wading, River Safety & Entomology
- 3:00 – 5:30 p.m. Fishing the Pere Marquette River
Photo Op
- 6:00 p.m. Dinner
- 7:30 – 8:30 p.m. Free Time
- 8:30 p.m. Camp Fire
- 9:30 p.m. Lights Out

DAY 2 – SUNDAY, JUNE 9, 2024

- 8:30 a.m. Breakfast
- 9:00 – 11:30 a.m. Fishing the Pere Marquette River
- 11:30 a.m. Lunch
- 1:00 – 2:00 p.m. Free Time or Fishing
- 2:00 – 5:00 p.m. Fishing the Pere Marquette River
Participants who have to leave, can check-out
- 6:00 p.m. Dinner
- 7:30 – 8:30 p.m. Free Time
- 8:30 p.m. Camp Fire
- 9:30 p.m. Lights Out



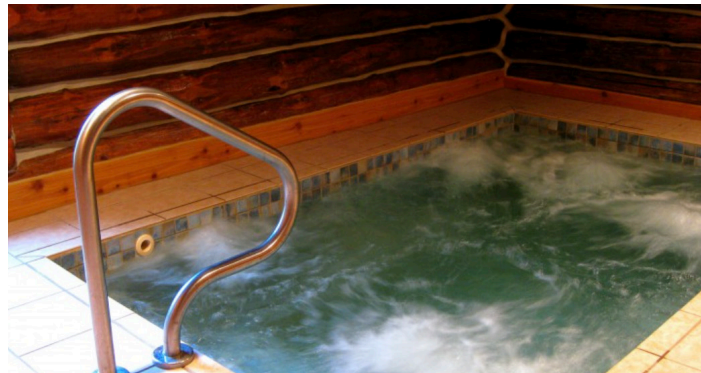
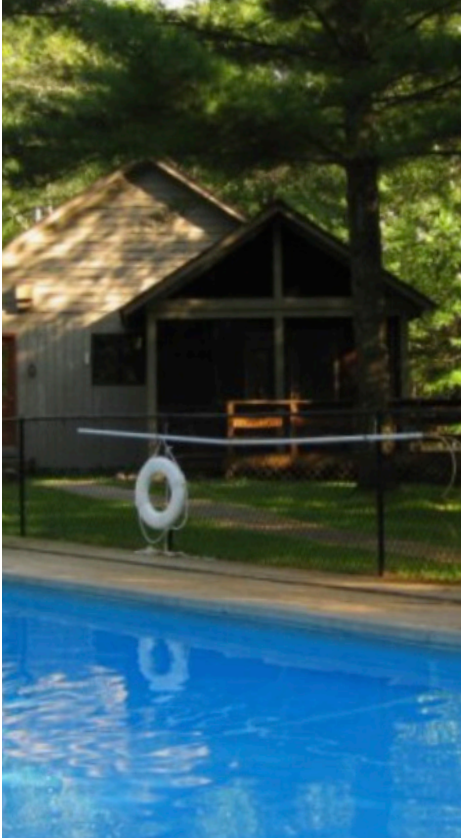
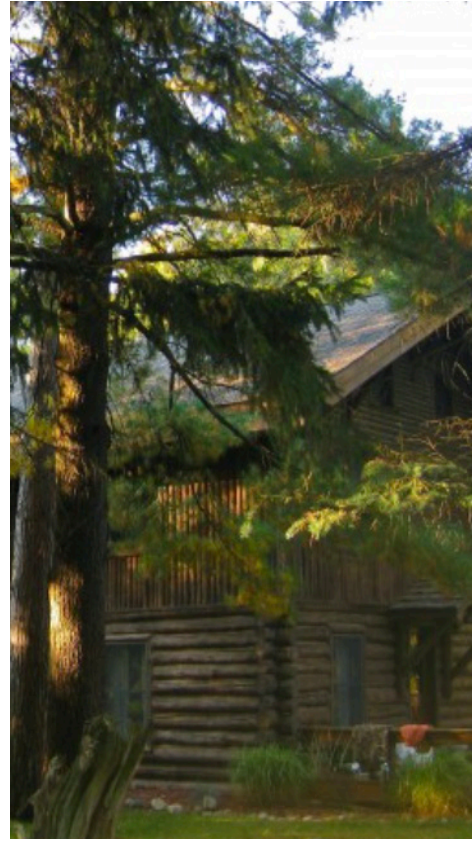
ITINERARY

DAY 3 – MONDAY, JUNE 10, 2024

- 8:00 a.m. Pack-Up
- 8:30 a.m. Breakfast
- 9:00 – 11:00 a.m. Fishing the Pere Marquette River
- 11:00 a.m. Participants Return Gear
- 11:30 a.m. Lunch
- 1:00 – 2:00 p.m. Graduation
- 2:00 p.m. Departure

THE LODGE, AMENITIES, & GROUNDS







On the Mend

APPLY NOW

For more information and to register your spot, visit onthemend-flyfish.org.